

Special Precautions after

Intravenous Sedation

- DO** rest for a few hours and take the rest of the day quietly
- DO** eat lightly and easily digestible food for the rest of the day
- DO** take medicines, tablets or pills which have been prescribed for you
- DO NOT** drink any form of alcohol until the following day
- DO NOT** drive any vehicle, operate any machinery or make any business decisions on the same day as which you have treatment.

INTRAVENOUS SEDATION WILL AFFECT BOTH JUDGEMENT AND REFLEXES.

After Surgery or Extractions

- Do clean your teeth as normal, but gently.
- Do Not rinse your mouth vigorously. Avoid very hot fluids and hard foods. If wound starts to bleed, roll up the sterile gauze and bite firmly for 20 minutes. If the bleeding continues then phone the dental surgery.
- Any pain, or discomfort, can be relieved by taking a pain killer that does not contain aspirin.
- If prolonged bleeding or pain occurs then contact your dental surgery.

After Fillings

- Avoid hard food and try to chew away from the new fillings where possible. Choose softer foods and cool drinks.
- Try to avoid very hot and very cold drinks.

DAVID COX DENTAL

Milton Centro Shopping Centre
Baroona Road, MILTON 4064
Ph: (07) 3368 2812
Fax:(07) 3368 3111

enquiries@davidcoxdenal.com.au
www.davidcoxdenal.com.au

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DAVID COX DENTAL



INTRAVENOUS SEDATION INSTRUCTIONS

INTRAVENOUS SEDATION INSTRUCTION

This leaflet explains the simple instructions you need to follow before and after, an intravenous sedation for your dental treatment.

Naturally, you wish to be as relaxed and confident as possible. We wish to do everything to make your visit for treatment under intravenous sedation as comfortable and as pleasant as possible.

If you do not understand any of these instructions and if there is anything making you feel unusually apprehensive about your treatment, please ask the dental surgeon or one of our staff. Our aim is gentle and comfortable care.

NOTE: Should you be ill, have a cold or a sore throat just before your appointment, please contact us immediately.

WHAT TO DO BEFORE YOUR APPOINTMENT ON THE DAY OF YOUR TREATMENT

- DO** arrive 15 minutes early for your appointment so that pre-treatment documentation can be completed.
- Do** remove contact lenses before your treatment.
- DO** remove all make-up and jewellery before treatment.
- DO** tie long hair back.
- DO** continue to take routine medicine unless the dental surgeon advises otherwise.
- DO** tell the dental surgeon if you have been to see the family doctor or attended hospital since your appointment was made.
- DO** give details of any medicines, tablets or pills that you are taking
- DO** wear loose fitting and comfortable clothing.

DO NOT HAVE ANYTHING TO EAT OR DRINK FOR AT LEAST SIX HOURS BEFORE YOUR APPOINTMENT—THIS INCLUDES DRINKING WATER

- DO NOT** drink any form of alcohol on the same day as your treatment.
- DO NOT** smoke after extractions on the same day as treatment.
- DO NOT** wear tight clothing or shoes with high heels.
- DO NOT** wear ANY make-up or jewellery
- DO NOT** bring anyone with you other than a responsible adult who will take you home.
- DO NOT** bring children to the dental appointment